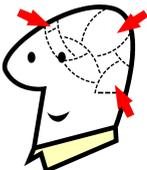


Visual-Auditory-Kinesthetic Test

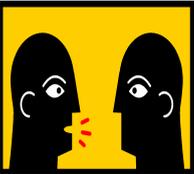
Look at all the rows. Put a tick in the box next to the sentence that best describes you. Make sure that you put a tick in every row.

When you have finished, go to the last page and add the number of ticks in each column

Place your tick inside the column with arrows

	I prefer lessons where we can discuss things.		I prefer lessons where there is something to look at (like a picture, chart, diagram or video) or something to draw.		I prefer lessons where we can do something practical – or at least move around.	
	I often sing or hum to myself in class.		I often doodle in class.		I often fiddle with things in class (a pen, paper clip or rubber band.)	
	When learning a new skill, I prefer someone to explain to me how to do it.		When learning a new skill, I prefer to watch someone else show me how to do it.		When learning a new skill, I prefer to just get on with it.	
	When the adverts come on the TV – I like to sing along with them.		When the adverts come on the TV – I like to watch them.		When the adverts come on the TV– I get up and do something.	
	I would prefer to listen to a story.		I would prefer to see a comic strip of a story.		I would prefer to act out a story.	
	I have a good memory for people's names.		I have a good memory for faces.		I am good at learning physical skills.	

Visual-Auditory-Kinesthetic Test

	I prefer teachers who explain things to us.	I prefer teachers who use diagrams to show us things.	I prefer teachers who get us to do something.	
	If I get in trouble in class, it's for talking.	If I get in trouble in class, it's for drawing on the desk or all over my books.	If I get in trouble in class it's for fidgeting.	
	On a long journey I like to listen to music or talk to the other travellers.	On a long journey I like to look at the scenery or read a book.	On a long journey I can't wait until we stop so I can walk around.	
	When I am discussing something, I sometimes use words my friends don't know.	When I am discussing something, I like to doodle.	I use my hands a lot when I am talking.	
	If I could be famous, I would be a singer.	If I could be famous, I would be a film-star.	If I could be famous, I would be a sports-person (or dancer).	
	I would rather listen to my favourite music.	I would rather watch my favourite TV programme.	I would rather go outside and play.	
	I get distracted in class if I can hear something happening outside.	I get distracted in class if I can see something outside the window.	I lose concentration if I have to sit still for a long time	
	I am a good listener.	I am good at drawing.	I am good at making things.	

Visual-Auditory-Kinesthetic Test

	<p>Out of these 3 jobs - I would prefer to be a radio DJ (or presenter)</p>	<p>Out of these 3 jobs - I would prefer to be an artist (or designer).</p>	<p>Out of these 3 jobs - I would prefer to be a mechanic.</p>	
	<p>In my spare time I would prefer to listen to music or chat with friends.</p>	<p>In my spare time I would prefer to watch TV or a video.</p>	<p>In my spare time I would prefer to do something physical, such as sport or dancing.</p>	
	<p>The type of puzzle I would prefer is "Name that tune".</p>	<p>The type of puzzle I would prefer is "Spot the difference".</p>	<p>The type of puzzle I would prefer is "Rubik's cube".</p>	
	<p>If I needed to build a Lego model, I would get someone to explain how or to read the instructions to me</p>	<p>If I needed to build a Lego model, I would follow the diagram or the picture on the packet.</p>	<p>If I needed to build a Lego model, I would try to work out which bits fit together.</p>	

TOTAL	No. of ticks	No. of ticks	No. of ticks	
Learning mode				

I am a _____ learner.