

**ENGLISH LANGUAGE SYLLABUS A**

Paper 4 Oral Communication Test 7

1190/04

September/October 2013

Approximately 20 minutes

**PART 1
READING ALOUD**

You and two of your school friends have recently been on a short physical training course run by soldiers from a local armed forces base. You have prepared a report about this experience which you now present to your class.

Well – we thought we were fit! A day's intensive training with the army soon changed our opinion.

The three of us – Peter, Chen and I – reported to the base on Friday morning. Everyone was very friendly. We were given identity tags to wear, and then we joined a group of real army guys a few years older than ourselves.

The first real action was what the army instructor called 'a gentle run to warm us up'. This took us right round the base – maybe about two kilometres. The pace wasn't difficult – but we noticed at once that the soldiers, unlike us, were running with packs on their backs. Afterwards, we were invited to try this for a few moments. Those packs were quite heavy!

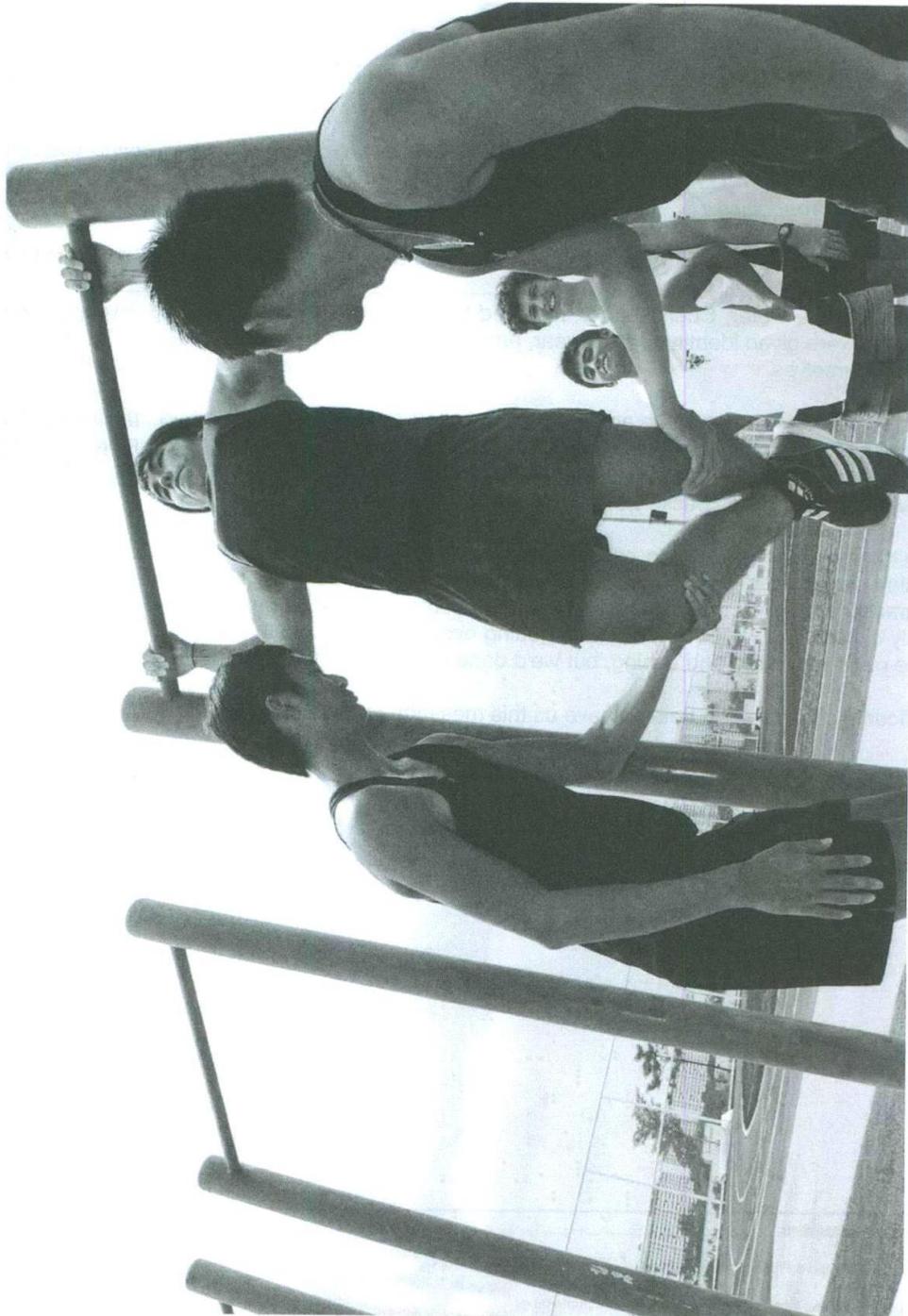
The instructor gave us what he called 'a fitness assessment', saying that he didn't want any of us collapsing or getting over-strained. I'm not sure how far he was joking. The exercise routines we did were graded according to difficulty. The assault course we tried to get through in the afternoon was certainly difficult, but we were given help getting over the harder obstacles. By the end of the session, all three of us were tired and aching, but we'd done our best to meet the challenge.

The officer in charge of the training gave us this message to pass on to you:

'We're always happy to welcome students from the local community. If your friends want a fitness challenge, just let us know!'

PART 2
SPOKEN INTERACTION

Study the picture.



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